



13301 N. Meridian, #400
Oklahoma City, OK 73120
(405) 755-4600
www.steelmanclinic.com

NEW PATIENT APPOINTMENTS

New patients will be scheduled for two separate appointments.

FIRST APPOINTMENT (LAB EVALUATION). Please arrive 15 minutes prior to your appointment time. This appointment will take approximately 45 minutes. We ask that you complete the **Patient Information and Questionnaire** prior to this visit.

This appointment will include the following tests:

Lab Tests. We require lab tests to be done while you are fasting. Please do not eat or drink anything but **WATER** for 6 to 8 hours before your appointment.

EKG. This test will require you to wear loose fitted clothing. Please wear a two piece outfit, no underwire bra, and do not apply body lotions, oils, or sprays.

Body Composition Analysis test which determines LEAN to FAT ratio.

Payment will be expected at the first visit. We accept Visa, MasterCard, Discover, cash, check, or money order. (We do not accept temporary checks or American Express.)

SECOND APPOINTMENT (CONSULTATION). Please arrive 15 minutes prior to your appointment time. You will be seen by a licensed medical provider (M.D or P.A, an A.P.R.N.) to review your medical history and have a brief physical. The Provider will review any abnormal test results during the visit.

Consultation visits are scheduled Monday through Thursday at 1:30 p.m. or 2:30 p.m., and will last approximately 45 minutes.

If you are late, your appointment may need to be rescheduled. Please give a 24-hour notice if you need to cancel or reschedule your appointment.

We believe the best care can be given when the physician and the patient interact on a one-to-one basis. Having other people ... children, spouses, parents, friends, etc... in the room is a distraction to the patient and the provider alike. Therefore, we prefer that you not bring other people back to the lab or exam room with you.

(over)

PROGRAM OPTIONS

METABOLIC WEIGHT LOSS PLAN. This program combines a flexible common-sense diet and the use of medications to help improve metabolic rate and suppress appetite. A standard group of appetite medications and nutritional supplements are included at no additional charge at the time of your first visit. Return visits are every 28 days. The cost is **\$110.00** per visit. *Extra supplements, medications (including certain, more expensive appetite suppressants), or lab work may incur an additional charge.*

HCG PROGRAMS. Our rapid weight reduction programs are elite programs for persons who have 40 or more pounds to lose. Although it varies from person to person, the typical person loses about ½ to 1 pound per day. The weight loss seen on these programs is similar to that seen in patients who undergo surgery for weight loss. There are three options:

This program includes 8 weeks of HCG treatment injections five days per week and 2 weeks of once-a-week stabilization injections. These injections contain vitamins, minerals, HCG, and other natural substances 7 days per week to help maintain a high energy level, reduce appetite and mobilize fat stores for more rapid burning. This program works best when injections are given at approximately the same time each day. The cost for the daily HCG injection program is **\$600.00** for the 10-week program. This fee must be paid in advance. (This price does not include the cost for the initial lab and consultation.)

Rev. 03/13/2018